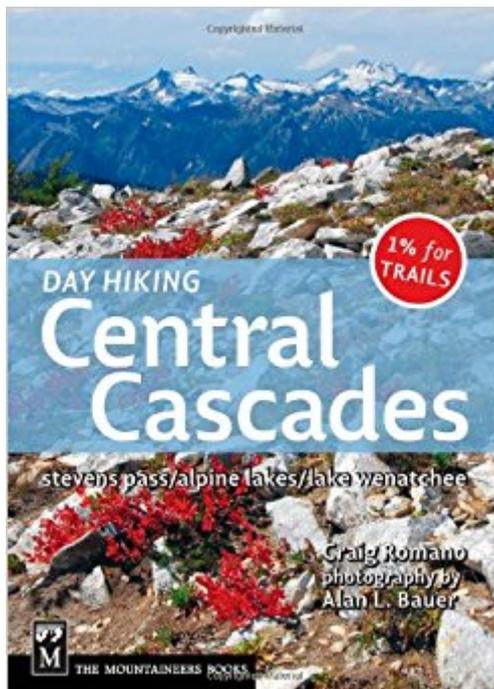


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Day Hiking: Central Cascades



Synopsis

The Central Cascades offer some of the most accessible wilderness areas for urban Seattleites, with trails no less stunning or enjoyable than those in more remote regions. *Day Hiking: Central Cascades* includes 50% more hikes than other regional guidebooks and focuses on cream-of-the-crop trails in these areas: Whidbey Island; Skykomish, Wenatchee, and Icicle River Valleys; the Entiat Mountains; the Lake Chelan area; and more. Compact in size, this is the most up-to-date guide for the area, organized along highways and other travel corridors, and with an emphasis on trails that are 12 miles or less, round-trip, each of them hiked by the author.

Book Information

Paperback: 355 pages

Publisher: Mountaineers Books; 1 edition (April 15, 2009)

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Product Dimensions: 4.9 x 0.9 x 6.9 inches

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Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (28 customer reviews)

Best Sellers Rank: #257,052 in Books (See Top 100 in Books) #335 in [Books > Sports & Outdoors > Mountaineering > Mountain Climbing](#) #723 in [Books > Travel > United States > West > Pacific](#) #796 in [Books > Sports & Outdoors > Hiking & Camping > Excursion Guides](#)

Customer Reviews

I purchased this book to research some hikes on which to take my young son as we start backpacking together and have been thoroughly impressed. Mr. Romano definitely put a lot of research and attention into this book. There is a chart at the front giving an overview of the hikes with certain features noted in the table. Each hike has a small description of the hike, followed by a longer detailed description of the hike (including the types of trees you encounter, the names of mountains you'll see on the horizon, etc). There is also a map for each hike and very detailed driving directions. I have seen different hiking books which don't have these kind of maps and it's difficult to picture the hike, these maps show the exact route and also have various symbols indicating camping sights, lookouts, wildflowers, etc. I was particularly glad to see that he shows campsites along the trail (even though this is a day hiking book) because we are interested in doing short backpacking trips and primitive camping along the trail. Also listed for each hike is a

description of distance, elevation gain, etc. One feature I really appreciate is a graph for each hike which shows distance in miles on the x axis and elevation on the y axis for that particular hike. This way you can visualize the progression of the hike and how difficult it might be. Overall this book is very well done and detailed. It includes a wide range of hikes from easy, kid friendly hikes to lung-busting journeys for the most experienced. I plan on getting several other books by this author.

I thought this book would cover the I-90 corridor as well but it mainly covers the route 2 corridor. It is laid out very well and not only am I keeping it but I am buying the Snoqualmie Pass region book too which does apparently cover the I-90 corridor.

Very nice book. About half the size of a standard piece of paper, so it fits into a pack with ease. I have others from the same author, all are good! Nice to have options for long and short hikes. I like reading about hikes in books as they narrow the search compared to online searching. Maps and distances and time are all there. I can go online afterwards if more info is needed.

I own several books from this series and consider them to be the best trail books on the market. Every description is clear and easy to understand, the driving directions are invariably correct, and the ways in which the author describes each hike is so evocative as to make you want to immediately run out and hit the trail. Each of these books also begins with a sizable introduction that lays out a lot of hiking guidelines that are as applicable for the expert as they are for the novice. If you live in or will be traveling to Washington and want to do some hiking close to Seattle this book on the Central Cascades is absolutely the one you want.

I love this whole series. This book is the one that first made me want to hike in the Central Cascade areas. They have color maps of where the hike is located plus a cheat sheet in the front of the main draws of the hike (wildflowers, waterfalls, views etc) which is so helpful on top of in-depth information on the hike and tips for hiking in the area in the front! I would recommend any of the books in the series for anyone wanting to hike in the PNW

Love this entire series of books. Very informative & incredibly helpful! I take them everywhere. Plus, purchasing the book series gives back a little to Washington Trails Association which is always a great idea.

This book has a ton of great trails that we have used a ton of times, it is small and compact and fits right into my Camelbak. The maps are super detailed, and most of the trails in the books are marked all over the place. It is a great value too, cheaper than in stores like Barnes and Nobles. Most of the books around the greater Seattle area and in the Pacific Northwest are all great values as well!

This is great, I was looking for a write up for Lake Malachite and this book was pretty accurate. Keep an eye on the season for your hike, we went on a scouting hike before our real trip and there was snow up high, the write up was accurate about though and the path itself. Most excellent trustworthy reference for a new hike you haven't experienced yet.

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